



OpenNotes: Patients and clinicians sharing visit notes

Benefits for you, the patient

- Take more control of your health and health care
- Revisit and remember the details of your visits
- Remind yourself why and how to take your medications
- Gain insight into your clinician's thinking and advice
- Prevent harm by catching possible mistakes in notes
- Review next steps and what to look into further
- Share your notes with family, friends, and other caregivers

Take action

- Ask for your notes
- Register for your patient portal
- Spend time on opennotes.org
- Spread the word about OpenNotes
- Give us suggestions; we welcome them!



OpenNotes: Clinicians and patients sharing visit notes

Benefits for you, the clinician

- Help patients to remember and understand their care plans
- Facilitate shared decision-making and better outcomes
- Improve adherence to medications
- Invite patients to spot mistakes and help prevent harms
- Enhance patients' ability to keep caregivers informed
- Answer possible questions through your notes
- Build trust and partnership with your patient

Take action

- Offer your patients easy access to your visit notes
- Work to make your notes accurate and clear
- Avoid acronyms and descriptors that might offend
- Encourage patients to read your notes
- Suggest patients share notes with others who may help them