

Coronavirus Safety Guide

SHOULD I WEAR A SURGICAL MASK?



Wearing a medical mask meant for a healthcare professional is **NOT RECOMMENDED** unless advised by your doctor.



YOU MAY BE ADVISED TO IF...

you have symptoms + live with others

you have symptoms + have to leave your home

you are caring for someone with symptoms

OTHERWISE...

DO NOT wear surgical masks

donate unused surgical masks to a local hospital

healthcare workers **NEED** these surgical masks!

You may have heard about wearing cloth face covers, see the Guide for more information on this.

Adapted from the *Coronavirus Safety Guide*, a collaboration from physicians at Beth Israel Deaconess Medical Center and Harvard Medical School.

See the full guide at: bit.ly/Coronavirus_Safety_Guide



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