

# Coronavirus Safety Guide

## Cloth Face Coverings

Wearing a cloth face cover **MAY** help reduce spread of coronavirus.

To best protect yourself from infection, continue:



**hand washing**

Am I wearing this right?



✓ **YES**



✗ **NO**



✗ **NO**



✗ **NO**

Make sure that your face covering completely covers your nose and mouth. **Do not** dangle from one ear or push it below your nose or chin.

Clean hands **BEFORE** and **AFTER** touching your mask or face covering.  
Avoid touching the mask while you are wearing it.

**Continue to treat all surfaces in public like they have coronavirus on them.**

Adapted from the *Coronavirus Safety Guide*, a collaboration from physicians at Beth Israel Deaconess Medical Center and Harvard Medical School.

See the full guide at: [bit.ly/Coronavirus\\_Safety\\_Guide](https://bit.ly/Coronavirus_Safety_Guide)



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