Open Notes in Pediatrics & with Adolescents Office Hours Tuesday, February 23 • Noon-1pm Eastern



Fabienne Bourgeois, MD

Pediatric Hospitalist, Associate Chief Medical Information Officer, Boston Children's Hospital

Cynthia L. Kuelbs, MD

Chief Medical Information Officer, Rady Children's Hospital, Clinical Professor of Pediatrics, University of California, San Diego

Welcome & Introductions



Liz Salmi Senior Strategist, OpenNotes



Housekeeping

- Attendees are muted.
- During the session, type questions into the "question" section, and we will address them at end of prepared comments.
- Some answers may be provided during the presentation. Those answers will appear underneath your question.
- The presentation recording will be available at opennotes.org and youtube.com/myopennotes
- You will receive an email with links to these presentations.

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	▼ Audio	
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	Phone call	
A	No audio	
4	Built-in Microphone	
	↓ 1)	
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	Talking	
	▼ Questions	
	Q: What can you tell me about sensitive situaions where you need to protect the privacy of a teen, birth control, etc?	
	A: Great question.	
	A: Great question.	5
	A: Great question.	
	A: Great question.	
	A: Great question.	
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Open Notes in Pediatrics and with Adolescents

Quick background on open notes
 Open notes at Boston Children's
 Open notes at Rady Children's
 Q&A



Who/what is open notes?



Cait DesRoches, DrPH

Executive Director, OpenNotes Associate Professor of Medicine, Harvard Medical School

Beth Israel Deaconess Medical Center





What is open notes?

When patients can easily read visit notes









The Commonwealth Fund GORDON AND BETTY FOUNDATION

Beth Israel Deaconess Medical Center



HARVARD MEDICAL SCHOOL TEACHING HOSPITAL crico



Robert Wood Johnson Foundation

Open Notes Across North America

✓ 260 organizations✓ 54 MILLION people





April 5, 2021

An official website of the United States government Here's how you know 🗸

ONC's Cures Act Final Rule

MENU

Home > Final Rule Policy > Patient Access

Empowering Patients in the U.S. Health Care System

Patients in the U.S. need better access to information about their care – information ranging from their medical records to data about the costs and quality of the care they receive.

The Cures Act aims to empower Americans with their health data, delivered conveniently to computers, cell phones, and mobile applications.

Nationwide, patient-centric health IT, once achieved, can deliver a variety of benefits to patients, including:

- Transparency into the cost and outcomes of their care
- Competitive options in getting medical care
- Modern smartphone apps to provide convenient access to their records
- An app economy that provides patients with innovation and choice

Under HIPAA, patients already have a legal right to their data electronically. The ONC Cures Act Final Rule is one step in this process by enhancing access to clinical data.



Clinical Notes *NEW

- 1. Consultation Note
- 2. Discharge Summary Note
- 3. History & Physical
- 4. Imaging Narrative
- 5. Laboratory Report Narrative
- 6. Pathology Report Narrative
- 7. Procedure Note
- 8. Progress Note

https://www.healthit.gov/curesrule/final-rulepolicy/empowering-patients-us-health-care-system



Federal "Preventing Harm Exception" (See 45 CFR § 171.201)

- There are 4 scenarios in which a provider may block information under the "Preventing Harm Exception".
- Under **each** of these 4 scenarios:
 - The provider must reasonably believe that blocking access to information will substantially reduce the risk of harm to the patient or another person.
 - Blocking access to information should be no broader than necessary to substantially reduce the risk of harm.

Boston Children's



Fabienne Bourgeois, MD

Pediatric Hospitalist Associate Chief Medical Information Officer Boston Children's Hospital





OpenNotes: Opportunities

Benefits for Pediatric and Adolescent Population

- Assists in patient and family empowerment
- Information sharing among multiple caregivers
- Provides a longitudinal medical narrative
- Care coordination for patients with special healthcare needs
 - Combat fragmentation and incomplete health information
- Facilitates transition of care from adolescence to adulthood



Pediatric & Adolescent Challenges

1. Adolescent confidentiality

- Reproductive health, sexually transmitted illnesses, substance abuse, mental health
- Varies by state
- Expectation information withheld from parent(s)

2. Information provided by parent with expectation of confidentiality

- Adoption, misattributed paternity, parental substance abuse, domestic violence, maternal prenatal test results, etc.
- Expectation information withheld from adolescent, other parent, or both

3. Impact on Patient/Parent-Provider relationship

- Disagreements regarding diagnosis or treatment plan
- Suspicion of medical child abuse



Open Notes at Boston Children's



MyChildren's Patient Portal

- 140,000 users
- 35,000 unique user logins/month
- Hybrid Cerner and Epic portals
- First launched 2007



Patient' s Age	Parent/Guardian access	Patient Access	Registration
< 13 yrs	All medical information, except select confidential data	None	Registration by parent; Screening by PHR administrator.
13-17 yrs	Most information, except sensitive/confidential data	Most information except sensitive/confidential data	Patient registration at age 13; no parental consent; confidentiality and sensitive test rules in place.
≥ 18 yrs	None, unless access rights to others granted by patient, law or court order	All medical information except historical confidential data	Patient assumes sole ownership of PHR; Guardianship documents as needed.



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OpenNotes at BCH: Implementation

Leveraged an ambulatory-wide project in 2014

- Introduced confidential note types for every clinic
- Non-confidential notes released to patient portal

Individual meetings with high-risk clinics

- Psychiatry, Adolescent, Gynecology, Child Protection, Adolescent Substance Abuse Program
- Clinics asked for initial deferral and option to join later
- Technical limitation at the time requiring appropriate note selection at the time of note creation
 - Concern that rotating trainees would not choose the correct note type
- Excluded inpatient and ED notes



Effect of reading notes on patient and parent perceptions of ambulatory safety-related knowledge and behaviors

	Parent	Patient
Understand reason for test	N (%)	N (%)
Quite a b	<i>it</i> 451(32.4)	1745(33.4)
Very muc	h 598(43)	2102(40.2)
Remember to get tests done		
Quite a b	<i>it</i> 257(18.5)	1080(20.6)
Very muc	h 345(24.8)	1267(24.2)
Understand test result		
Quite a b	it 417(30)	1800(34.4)
Very muc	h 632(45.5)	2048(39.1)
Understand reason for referral		
Quite a b	it 207(32.6)	777(32.9)
Very muc	h 305(48)	1005(42.5)
Remember to go to referral appointmer	nt	
Quite a b	it 138(21.7)	498(21.1)
Very muc	h 233(36.7)	773(32.7)
Take medications better as prescribed		
Quite a bi	t 184(17.7)	581(16)
Very much	h 234(22.5)	708(19.5)

S Bell et al, J Patient Saf, 2018



Patient/Family Feedback on Visit Notes

Adult and Pediatric Sites

Adult Academic Hospital

 2 primary care practices and OB/GYN practices

Children's Hospital

• Primary care and Subspecialty clinic notes (except confidential)

Atrium Health (NET)

 Primary care, urgent care and specialty clinics

10 item online feedback survey

- How well did the note describe the visit
- How well did the respondent understand the care plan
- Were there any inaccuracies in the note
- Was there any language that the respondent found bothersome
- Voluntary positive feedback for the provider



Characteristics of Patient Reporting System Responses

Bourgeois et al, JAMIA, 2019

Reporting tool item	AD	PED	NET
Number of completed reports, n	780	402	258
Understood the note, n (%)	734 (94)	363 (90)	215 (87)
Understood the care plan, n (%)	739 (95)	377 (94)	225 (92)
Expected to follow the care plan, n (%)	313 (98)	367 (97)	N/A
Potential documentation inaccuracy, total n (%) [¥]	193 (25)	139 (35)	66 (28)
Yes	175 (22)	123 (30)	55(23)
Not sure	18 (2)	16 (4)	11 (5)
Concerning results identified n (%)	51(15)	57 (14)	N/A
Results not previously discussed with provider, n (%)	7 (14)	12 (21)	N/A
Bothersome words noted, n (%)	30 (9)	33 (8)	N/A
Positive feedback volunteered, n (%)	528 (68)	170 (42)	N/A

Continued

	AD	PED	NET	ALL
Symptoms	31 (16)	40 (29)	14 (21)	85 (21)
Health problems	38 (20)	33 (24)	13 (20)	84 (21)
Medications	40 (21)	24 (17)	10 (15)	74 (18)
Something important was missing	29 (15)	23 (16)	6 (9)	58 (15)
Family history	17 (9)	18 (13)	5 (8)	40 (10)
Physical exam	15 (8)	13 (9)	7 (11)	35 (9)
Social history	8 (4)	5 (4)	7 (11)	20 (5)
Names of health care providers	7 (4)	15 (11)	2 (3)	24 (6)
Appointment scheduling	2 (1)	6 (4)	2 (3)	10 (2)
Other	52 (27)	38 (27)	37 (56)	127 (32)

Bothersome Language

- Language related to stigmatized diagnoses
- Language perceived as being critical
- Misrepresentation of communication with other clinicians
- Language perceived as signaling distrust of information provided



	AD	PED
Total Safety Concerns*, n	137	107
Resolved in Conversation, n (%)	44 (32)	9 (8)
Declined Intervention, n (%)	3 (2)	3 (3)
Change Made to Medical Record or to Patient's Care, n (%)	76 (55)	72 (67)
Request for Amendment Declined, n (%)	4 (3)	14 (13)
Formal Amendment Request initiated, n (%)	2 (2)	0
Defer to Patient Relations, n (%)	8 (6)	9 (8)

* 59% at AD and 54% at PED were identified as actual or possible safety concerns

Positive Feedback

"I love this feature of being able to view the note! It perfectly summarized the visit and was nice to be able to reference and share with my husband who wasn't able to make the appointment. I appreciate Dr [...] taking the time to write such a detailed update."

"I greatly appreciate the level of detail and thought put into these notes. I realize this takes a lot of time and I am grateful for that time. The notes accurately reflect my concerns and show you really listened as well as provided concrete steps for a path forward and reassurance."

"We are so grateful to have the notes to review of [Patient's] apts It is overwhelming as a parent to absorb all of the information at the time of the visit so the notes are very helpful to review."

Confidential Notes: How are they used?

June 1, 2016–May 31, 2017 (patients <18 years only)

Clinic Notes Created	402,964
Confidential Visit Note**	9,346 (2.3% of all notes)
Confidential Notes Reviewed	1,100 (12.5% of confidential notes)

**Excluded clinics that had opted out of the initial go-live (ASAP, GYN, Adolescent, Child Protection, Psychiatry)





C Parsons et al, JAMIA, 2020

Confidential Notes: Results



∎Female ∎Male

C Parsons et al, JAMIA, 2020

Confidential Information



C Parsons et al, JAMIA, 2020

Behavioral and Mental Health Concerns

- Included in 53.8% of notes reviewed
- Providers often documented meeting separately with patient and parent
- Some notes noted mental health diagnoses in family members
 - 15.9% of notes documented parental mental health diagnosis
 - Impact on ability to manage the patient's medical care
 - Documented in mental health provider, primary care, and subspecialist notes



Other Confidential Information

Sexual /reproductive health and gender identity

- Patient related information (12.5%)
 - Sexual practices, STIs, contraceptive use
 - Gender identity and management
- Maternal information (2.5%)
 - Neonatal infectious diseases clinic
 - Perinatal exposure to HIV and Hep C

Physical and/or sexual abuse

• Patient (3.1%) or Parent (1.5%)

Social Services involvement (1.5%)

Complex Social Situations (10.5%)

Disagreements related to diagnosis or plan of care (1.7%)



Exceptions Under Which Information Does Not Need to Be Shared

Preventing Harm

• A clinician may choose not to provide access, exchange, or use of an individual's EHI to prevent physical harm to a patient or another person

Privacy

• A clinician may choose not to provide access, exchange, or use of an individual's EHI if doing so fulfills the wishes of the individual

Required by Law

• Where a particular access, exchange, or use of EHI is prohibited by applicable Federal, State, or tribal law, a clinician may choose not to provide access, exchange, or use of an individual's EHI

Psychotherapy Notes

A clinician may choose not to provide access, exchange, or use of an individual's notes recorded by a
health care provider who is a mental health professional documenting or analyzing the contents of a
conversation during a private counseling session and that are maintained separate from the rest of the
patient's medical record

Legal Proceedings

 A clinician may choose not to provide access, exchange, or use of an individual's EHI if the information is compiled in reasonable anticipation of, or for use in, a civil, criminal, or administrative action or proceeding.

21st Century Cures Act: BCH Strategy

Current State

- Release of inpatient, ED and outpatient notes
 - Unless designated confidential based on appropriate exception
 - Unique Exceptions:
 - Child Protection Team
 - Inpatient Psychiatric Unit
- Autotext for justification of confidential status
 - This note has been denoted confidential due to the 21st Century Cures Act [dropdown: Privacy, Preventing Harm, Child Protection, Protected Minor Information] exception.



Thank you



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Rady Children's



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Rady Children's

- Integrated delivery network with acute, primary and specialty care
- Enterprise Epic with patient portal MyChart
- 68% of patients MyChart active as of January 31, 2021
- 260,000 MyChart users
- Telemedicine platform relies on MyChart

- Unique patient logins/month
 - 16,000 via web
 - 10-35,000 via mobile app







Are You In or Are You Out? Provider Note Sharing in Pediatrics

Mario Bialostozky^{1,2} Jeannie S. Huang^{2,3} Cynthia L. Kuelbs^{2,4}

¹Department of Emergency Medicine, Rady Children's Hospital-San Diego, San Diego, California, United States

²Department of Pediatrics, University of California, San Diego,

Address for correspondence Mario Bialostozky, MD, Department of Emergency Medicine, Rady Children's Hospital–San Diego, 3020 Children's Way, San Diego, CA 92123, United States


Current Settings

- Every clinical note written by a provider shared by default unless marked sensitive or from a confidential department
- For patients < 12 years of age and/or with diminished capacity, default release is to proxy
- For those aged 12 years and older, notes released to the patient
- Teen access requires parental consent

Beginning March 1, 2021 will share all notes in the 21st Century CURES data set unless marked sensitive



Adolescents and Young Adults

- Is it worth sharing notes with AYA?
- Do they understand the notes?
- Is this something valuable?



BRIEF REPORTS



Adolescents' and Young Adults' Satisfaction with and Understanding of Medical Notes from a Pediatric Gastroenterology Practice: A Cross-Sectional Cohort Study

Jeannie S. Huang, MD, MPH^{1,2}, Ryan Yueh, BS², Stacy Ma, BS², Rusvelda Cruz, MPH², Laura Bauman, MD^{1,2}, and Lillian J. Choi, MD^{1,2}

Medical note sharing enhances patient—physician relationships, increases medication adherence, and improves self-care. However, many institutions do not release medical notes to adolescents, citing poor understanding and patient harm concerns. We evaluated the results of medical note sharing among adolescents with chronic disease and found high satisfaction and adequate comprehension. (*J Pediatr 2019;215:264-6*).

Surveyed on accuracy of information/how visit events documented

12.7% Asian, 3.6% Black, 12.7% other

Characterized their health status

Asked if change in medical management occurred

Asked if wanted to edit the note

Took the short Test of Functional Health Literacy in Adults

Two physicians read the notes and answered same questions about health status and medical management

% patients whose medical note comprehension agreed with physician readers calculated



Adolescents
can
understandAdolescents and young adults (AYA) with
chronic GI/liver disease provided most
recent medical visit note to readN=55, mean age 16 years, 71% white,

information!

Adolescents and Young Adults

Reading the Note

Participants given the opportunity to read their last clinic note and rate accuracy of health problems as well as visit events

Requests to Addend Note

About 7% requested that their note be amended, usually related to wrong list of medications, allergies

Health literacy, satisfaction and comprehension did not differ across AYA by age, ethnicity or gender

Satisfaction

Patients reported high satisfaction with health status documentation (8.7/10) as well as with documentation of visit events (9.2/10)

Concordance with physician

Majority (62-64%) of participants had similar interpretation on whether change in management occurred and overall health status when compared to physician reader.



Inpatient Mental Health Notes

AYA with active behavioral health		g adults (AYA) admitted to inpatient nost recent medical note to read.				
concerns understand and express	N=20, mean age 16 years, 55% white, 30% Black, 15% <u>></u> 2 races					
satisfaction	Surveyed on	Description of health issues				
with their medical	understanding	Reason for inpatient admission				
document	of/satisfaction with:	Whether note needed edits				
ation.	10 of 20 domestrated					

19 of 20 demonstrated adequate functional health literacy on the short Test of Functional Health Literacy in Adults

The psychiatry provider who authored the notes was surveyed at least the next day to assess impact note sharing had on subsequent inpatient counseling sessions and therapy compliance.

Participants comprehended their note, were satisfied with the content of their note, regarding description of mental health issues and reasons for inpatient admission/care.

Six participants suggested edits to their note; none cited confidentiality concerns.

The psychiatry provider reported that note sharing had an overall positive or negligible effect on inpatient counseling sessions and therapy compliance.

Dohil I, Cruz R, Sweet H, Huang JS. Sharing Notes with Adolescents and Young Adults Admitted to an Inpatient Psychiatry Unit. JAACAP, 2020 October



Child Abuse

- Can some child abuse consult notes be shared?
- What protections should be considered if abuse an issue?



Rady Child Abuse Reporting





Child Abuse Report Filed

Automated by note type

- If child abuse report filed, flag is automatically set that restricts portal functionality
- No past visit information
- Can still see upcoming appointments, lab and imaging results and can message care teams
- Currently no end date to this restriction working to define process to rescind restriction. Can incorporate into existing audit process
- Working on standardizing approach to review whether the offending parent/legal guardian's access to the portal should be deactivated
- Child Protection Team Consult notes defaulted to sensitive and aren't shared

Can some child protection team consult notes be shared?



Medical Child Abuse

- Formerly known as Munchausen Syndrome by Proxy
- Term used to describe unnecessary and harmful, or potentially harmful, medical care at the instigation of a caregiver
- Caregivers exaggerate, fabricate, or induce symptoms that result in unnecessary and potentially dangerous medical procedures
- The medical system is manipulated into taking part in a child's physical and/or psychological maltreatment



Medical Child Welfare Taskforce

- Providers may have concerns about medical child abuse, are reluctant to document those concerns or feel pressured to engage in the interventions being requested by parents
- Worry that notes documenting concerns will be released to parent and result in harm to patient
- Multidisciplinary team reviews cases and supports medical decision making by treating providers to empower them to provide standard care and reduce/prevent ongoing medical child abuse
- Accomplishments to date:
 - Clinician education on warning signs of medical child abuse
 - Identification and tracking of patients through registry
 - System alerts
 - Follow-up initiated with outside physicians/institutions when patients leave the RCHSD health system so that MCA can be more easily identified and treated



Electronic Medical Record Tools

- Problem list entry
 - Risk of harm due to overutilization of healthcare Z91.89
- Disease registry to manage children where concern identified
- Emergency care plan to communicate concerns to and provide guidance for clinicians
- Medical child welfare smart form to capture referrals, concerns, overview of case, time spent
- InBasket workflow to communicate concerns to specialists engaged in care for these patients



Electronic Medical Record Tools

	C	hild at	ouse r	eport			C		patients eport to tr						
Case Status ³	Date Referred	Date Reviewed il	c ote (85'	MyChart Last Login	MyChart Logins	¹ Number of Specialties ²	No Shows	Social Risk Score	M Risk Stratification Scor	ED Visits (Internal)	:D Visits (Externa	Admissions (1 yr)	Child Abuse MD No	te Imaging Studies	# Surgeries (1
Active	10/25/2019	10/9/2020 1316		10/14/2020	785	5	7		6	1	0	1	11/19/2019	17	2
Active	11/19/2018	10/9/2020 1305)18	10/14/2020	118	5	39	•	10	14	0	13	2/13/2020	64	6
Active	5/1/2020	7/17/2020 1239		10/14/2020	117		2	•	4	4	0	3		12	3
Active	11/25/2019	9/30/2020 1105		10/13/2020	95	3	9		9	6	0	4	1/28/2020	32	5
Closed	8/2/2018	5/5/2020 1145		10/14/2020	75	5	0	•	8	0	0	0		1	0
Monitoring	10/1/2020	10/9/2020 1323		10/14/2020	28	0	4	•	6	2	0	0		3	0
Active	9/1/2020	10/13/2020 0942		10/14/2020	23	2	2		10	3	0	2		14	1
Active	8/29/2020	10/9/2020 1301	05/07/2020	10/2/2020	12	2	6	•	14	3	1	4		6	1
Active	9/1/2020	10/9/2020 1329	08/12/2019	10/14/2020	10	-7-	14		8	3	0	5		58	6
Active	11/19/2018	9/30/2020 1027	08/05/2019	10/13/2020	6	0	0	•	8	0	1	0	10/15/2019	0	0
Active	1/31/2019	10/9/2020 1031	03/13/2020	6/20/2020	5	1	3	•	e11	2	0	7	4/27/2020	11	1
Closed	4/19/2019	5/5/2020 1142		9/23/2020	4	2	5	•	5	0	0	0		1	0
Closed		5/5/2020 1141	02/08/2019	2/21/2019	1	0	0	•	7	0	0	0		0	0
Closed	9/1/2019	5/5/2020 1136		9/18/2019	1	0	0		6	0	9	8		0	0
Closed	1/19/2019	7/17/2020 1055		12/26/2019	1	0	0	•	2	0	0	0		0	0
Closed	11/19/2018	10/12/2019 0833		6/12/2020	1	0	2	•	6	0	0	0	11/30/2018	1	0
Monitoring	9/29/2020	9/29/2020 1304		5/14/2020	1	0	3		9	2	0	1		5	0
Closed		10/12/2019 0836	03/19/2019	6/23/2020	1	1	0		3	0	0	0	6/7/2019	0	0

Medical child welfare case summary in the displays in the registry with hyperlink to smartform





Medical Child Welfare	 InBask
Date of case referral	• I ar
Assigned MCW member 🗋	Fore of t
Case status	knc
Reason for closure	mu tha
 ✓ Case notes 	Dei
	COr

Basket message dot phrase sent to specialists ".mcwtphrase" I am one of the members of the RCHSD Medical Child Welfare Task Force. We review cases in which there is a concern for overutilization of the medical system and possible Medical Child Abuse (formerly known as Munchausen Syndrome by Proxy). Upon review by our multidisciplinary team, we have determined that there is a concern that this patient may be having unnecessary and potentially dangerous medical evaluations/procedures at the insistence of their caregiver. Our current recommendation is that no additional testing/procedures be ordered without significant consideration being given to their necessity for this child's overall health and wellbeing.

Should you have any questions regarding this please feel free to contact us for further clarification.

Time spent on review









Release Restriction

- Only trigger currently is for those patients with a child abuse report filed
- Problem list entry is sensitive
- Child protection team notes are automatically marked sensitive but other notes may contain information detailing concerns for medical child abuse
- Can trigger note release restriction based on problem list entry

Notes containing information detailing concerns for medical child abuse meet the preventing harm standard with 21st Century CURES



Foster Parents

Rady 🔊	Rady Children's Hospital - San Diego 3020 Children's Way San Diego, CA. 92123		ENT INFORMATION
Childrens Hospital San Diego	DTF1429	Name: MR#: DOB:	Finance:
	ignated Caregiver and Adult Appli oplication is not a guarantee that MyC	•	

The individual completing this form is requesting access ("Proxy Access") to portions of the above named patient's records via Rady Children's Hospital-San Diego MyChart.



Patients with Eating Disorders

- Questions:
 - Should the weights be shared? Would it be therapeutic or harmful?
 - Should the notes be shared? Is it therapeutic or harmful?
 - Should portal access be blocked for a defined period of time?
- 21st Century CURES clear that must be individualized



- "Circumstances where § 171.201 would apply to such delay are those where a licensed health care professional has made an individualized determination of risk in the exercise of professional judgment consistent with § 171.201(c)(1)"
 - (c) Type of risk: The risk of harm must: (1) Be determined on an individualized basis in the exercise of professional judgment by a licensed health care professional who has a current or prior clinician-patient relationship with the patient whose EHI is affected by the determination;



Thank you



Cynthia L. Kuelbs, MD

Chief Medical Information Officer, Rady Children's Hospital

Clinical Professor of Pediatrics, University of California, San Diego





UPCOMING EVENTS

Open Oncology Notes

MONDAY, MARCH 8: Webinar @ noon ET

- Rosie Bartel, patient advocate
- Everett Weiss, MD, Memorial Sloan Kettering
- Bertram Yuh, MD, City of Hope Cancer Center

Open Inpatient Notes at UC San Diego Health

TUESDAY, MARCH 23: Webinar

• Brian Clay, MD, UC San Diego Health

OpenNotes Walk-In Clinic

MARCH 29-APRIL 2: Live, 2-hours, every day

- John Santa, MD, MPH
- **Deb Wachenheim**, MPP
- Liz Salmi
- + special guests



Open Discussion



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